



# Martial Arts Summer Camp 2011

**Register Soon, Space will be limited!!!**

We will have our Summer Camp the week of June 20-24 for kids 5-13 years old who would like to experience a week of **High Intensity Training** and **Fun Karate Activities**. The camp hours will be 9:00 – 2:00 pm, Monday – Friday and will be held here at the dojo. We will continue to have our regularly scheduled karate classes in the afternoons, Monday – Thursday.

**Beginner, Intermediate and Advanced Belt Level youth students are encouraged to participate!!**

The Summer Camp week is a great way to get an intensive jump in Shido-kan Karate, regardless of your rank!

## **Cost of Camp**

\$149.00 for the one-week Summer Camp session.  
(\$124 for additional family members).

## **Lunch**

Students will bring a lunch four days. We will have one celebration lunch with Pizza on the last day.

## **Karate Activity Training Includes:**

Kata, Sparring, Board Breaking, Partner Drills,  
“Holt Dojo has Talent” Contest, Bunkai, Throws,  
Break Falling, and Self Defense Techniques,  
& Fun Karate Activities

# Martial Arts Summer Camp

## 2011

### Registration Form

June 20-24, 2011

Student Name: \_\_\_\_\_

Age: \_\_\_\_\_

Birth date: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Alt Phone 1: \_\_\_\_\_ (Cell, Work)

Alt Phone 2: \_\_\_\_\_ (Cell, Work)

Registration Fee \$149.00

Received by: \_\_\_\_\_

Free Camp T-shirt Size \_\_\_\_\_ (YS, YM, YL, S, M, L, XL)  
(extra shirts are available for \$15 each)

Other Emergency Contact Person during day:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Do you have any dietary restrictions/allergies? Please List.

\_\_\_\_\_

Do you need to take any medications during the camp hours? Please List.

\_\_\_\_\_

\_\_\_\_\_  
Print Name of Parent/Guardian

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date